



## 2016-2017 Derry Judo Club

Derry Parks & Recreation Department  
 31 West Broadway, Derry NH 03038  
 Phone: (603) 432-6136 Fax: (603) 432-6758  
 derryrecreation@derrynh.org



The Town of Derry Parks & Recreation sponsors a Judo class held at Veterans Hall with instructor Roger Lenfest, a 4<sup>th</sup> degree black belt and nationally certified coach. Mr. Lenfest is assisted by the founder of the Derry Judo Club, Chris Veziris, a 6<sup>th</sup> degree black belt and nationally certified coach, along with several other nationally ranked black belts. The Derry Judo Club teaches the art of Judo in a safe manner. Students who join are first taught conditioning exercises, then how to roll and fall. From there, in a structured and supervised setting, students learn throws and ground techniques. Depending on age and rank, students are also taught strangles and arm bars. The United States Judo Association (USJA) nationally sanctions all ranks given. All students who join the Derry Judo Club must also be a member of the USJA and complete a photo waiver. USJA membership forms and photo waivers can be obtained at the Derry Parks & Recreation Office. For safety, participants are required to wear a long sleeve sweatshirt and sweatpants to class.

**Classes are held only on Wednesdays from 7:00 – 8:30 p.m.  
 Veterans Hall – 31 West Broadway, Derry, NH**

### The 2016-2017 session dates are as follows:

	Session I Dates	Session II Dates	Session III Dates	Notes
<b>Fall</b>	Sept 7 <sup>th</sup> - Oct 5 <sup>th</sup>	Oct 12 <sup>th</sup> - Nov 9 <sup>th</sup>	~	No Class on:
<b>Winter</b>	Nov 16 <sup>th</sup> - Dec 14 <sup>th</sup>	Dec 21 <sup>st</sup> - Jan 18 <sup>th</sup>	Jan 25 <sup>th</sup> - Feb 22 <sup>nd</sup>	Nov 23 <sup>rd</sup>
<b>Spring</b>	Mar 1 <sup>st</sup> - Mar 29 <sup>th</sup>	Apr 5 <sup>th</sup> - May 3 <sup>rd</sup>	May 10 <sup>th</sup> - Jun 7 <sup>th</sup>	
<b>Summer</b>	Jun 14 <sup>th</sup> - Jul 12 <sup>th</sup>	~	~	Jul 5 <sup>th</sup>

### **Derry Judo Club fees are as follows for each session:**

*Please note, ALL registration fees must be received in the Recreation Office prior to participation in any Judo program. Participants without payment or a current registration form will not be permitted to join a class until they are received.*

	Fee	Notes
<b>Per Student Rate (Age 10+)</b>	\$30.00	Cash or check payment accepted (payable to Derry Parks & Recreation Dept)
<b>Family Rate</b>	\$25.00	Begins with 2 <sup>nd</sup> family member. Cash or check payment accepted.
<b>USJA Membership</b>	\$50.00	All participants must have a current membership on file with the Judo Club. A <u>separate check</u> made payable to USJA must be submitted for this fee.



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Name:

Address:

Town:  State:  Zip Code:

Home Phone:  Cell Phone:

Email:

Birth Date:  Age:  Gender:

Does the participant have any special needs or limitations the instructor should be aware of? If yes, please describe

Please check here if you've made a USJA payment of \$50.00 for the enrolled individual for 2015-2016 year

**Please check off the session(s) you are registering for. Payment MUST be made for all sessions checked.**

	<b>Fall Session 1</b> <i>Sept 7<sup>th</sup> - Oct 5<sup>th</sup></i>		<b>Fall Session 2</b> <i>Oct 12<sup>th</sup> - Nov 9<sup>th</sup></i>		
	<b>Winter Session 1</b> <i>Nov 16<sup>th</sup> - Dec 14<sup>th</sup></i>		<b>Winter Session 2</b> <i>Dec 21<sup>st</sup> - Jan 18<sup>th</sup></i>		<b>Winter Session 3</b> <i>Jan 25<sup>th</sup> - Feb 22<sup>nd</sup></i>
	<b>Spring Session 1</b> <i>Mar 1<sup>st</sup> - Mar 29<sup>th</sup></i>		<b>Spring Session 2</b> <i>Apr 5<sup>th</sup> - May 3<sup>rd</sup></i>		<b>Spring Session 3</b> <i>May 10<sup>th</sup> - Jun 7<sup>th</sup></i>
	<b>Summer Session 1</b> <i>Jun 14<sup>th</sup> - Jul 12<sup>th</sup></i>				

I would like to donate to the People Lending Assistance to Youth (P.L.A.Y.) Fund and help fund a child's registration fee for this or other Recreation programs. I am donating \$\_\_\_\_\_

### WAIVER

Participation in this sport/activity may involve risk of injury. As a parent/guardian/participant I am aware of these hazards and of the ability to participate. In consideration for participation in this program, I hereby for myself, my heirs, executors, and administrators waive and release all rights and claims against the Town of Derry, Derry School District, its officers, employees, agents, volunteers, supervisors from all losses, injury, damages, fees, and other expenses, arising out of or in connection with participation in the activity/sport. The above named cannot be responsible for any aggravation or injury caused as a result of pre-existing physical disabilities; including, but not limited to, allergies. The Parks & Recreation Department will be notified of any such special needs or sensitivities in writing prior to enrollment in this program. I understand the cancellation/refund policy of the Parks & Recreation Department. The Department encourages you to carefully consider your schedule prior to registration. No fee will be refunded after the program has begun. This policy is strictly enforced thereafter.

Parent/Guardian/Participant Signature

Date