

Town of Derry Health Department Use of Thermometers

Policy: Temperatures will be taken at all steps in the food flow– receiving, storing, preparing, cooking, transporting, and serving – with calibrated thermometers to ensure the safety of food served to customers.

Procedure: Employees involved in the production or service of food must take temperatures at critical steps throughout the flow of food using the following procedures:

How to Measure the Temperature of Food:

- 1. Use a calibrated thermometer. Calibrate thermometers on a weekly basis, or whenever they are dropped or suffer a shock.
- 2. Sanitize stem of clean thermometer with an alcohol wipe or insert stem into sanitizing solution for at least 5 seconds, then air dry.
- 3. Insert the end of the sanitized thermometer into one of the following locations, depending on the type of food:
 - a. the thickest part of the product for meat, poultry, or fish
 - b. the center of the item
 - c. between two packages of refrigerated or frozen packaged foods
 - d. until at least 2 inches are submersed in milk and other liquids
 - e. by folding the bag over the stem of the thermometer or probe for bulk milk or liquids
- 4. Make sure the tip of the thermometer does not poke through the food.
- 5. Measure the temperature for at least 15 seconds.
- 6. Read thermometer and record temperature.
- 7. Clean and sanitize stem of thermometer and store it in an accessible location.

General Thermometer Guidelines:

- 1. Keep thermometers and their storage cases clean, stored safely, and easily accessible.
- 2. Use bi-metallic stemmed thermometers or digital thermometers. Do not use glass thermometers filled with mercury or spirits.
- 3. Wait at least 15 seconds for the thermometer reading to steady before recording the temperature (bi-metallic).
- 4. Take two temperatures in different locations, because product temperatures can vary throughout the food item.
- 5. Insert the thermometer into liquids and hold. Do not allow the thermometer's sensing area or probe to touch the sides or bottom of the container.

The restaurant manager will:

- 1. Review logs daily to ensure that temperatures and corrective actions are being met.
- 2. Follow up as necessary.
- 3. File logs with HACCP records.