



STAFF REPORT

AGENDA ITEM #: 17-11
COUNCIL MTG OF: January 24, 2017
FROM: Elizabeth Robidoux, Planning Assistant
OFFERED BY: Planning Department
PREPARED BY: Elizabeth Robidoux, Wellness Coordinator
SUBJECT: 2017 HealthTrust Wellness Grant

INTRODUCTION

The request is to accept the 2017 Wellness Grant offered by HealthTrust and to approve the expenditure of the funds on employee wellness programs, as initiated by the Wellness Coordinator.

TOWN ADMINISTRATOR COMMENTS

It is recommended that the Council approve receipt and expenditure of these unanticipated revenues as authorized by the Town Charter and RSA 31:95-b.

BACKGROUND

The Town of Derry continues to participate in HealthTrust's Wellness Coordinator Program. Each year, HealthTrust awards a Coordinator Grant in the amount of \$500.00 to be spent on programs that raise awareness of physical activity, social, and mental health of the employees and their families. Examples of programs provided in the past include the Stair Climb Challenge, Wall Squat Challenge, a Plank Off, Reiki Relaxation Sessions, Maintain Don't Gain, Fresh Fruit Friday and many others.

DISCUSSION

The specific use of the \$500.00 award is determined by the Wellness Coordinator and is typically used to fund any expenses of the programs and initiatives. The programs provided by the Wellness Coordinator, under the auspices of this grant are available to all employees of the Town of Derry and not just those who are enrolled in the town's insurance program.

FISCAL IMPACT

The Town of Derry operating budget will not be impacted by the receipt or expenditure of these funds.

RECOMMENDED ACTION BY COUNCIL

It is recommended the Derry Town Council approves receipt and expenditure of the 2017 Wellness Grant.

RECOMMENDED MOTION

I MOVE THAT THE TOWN COUNCIL approve the receipt and expenditure of the award from HealthTrust in the amount of \$500.00

TA OFFICE USE -- Vote Required: Simple majority of Councilors present