

STAFF REPORT

AGENDA ITEM #:

COUNCIL MTG OF:

21-24

February 16, 2021

FROM:

Elizabeth Robidoux, Planning & Economic Development Assistant

OFFERED BY:

Planning Department

PREPARED BY:

Elizabeth Robidoux, Wellness Coordinator

SUBJECT:

2021 HealthTrust Wellness Grant

## INTRODUCTION

The request is to accept the 2021 Wellness Grant offered by HealthTrust and to approve the expenditure of the funds on employee wellness programs, as initiated by the Wellness Coordinators.

## TOWN ADMINISTRATOR COMMENTS

It is recommended that the Town Council adopt Resolution #2021-018 in support of the Town's employee wellness program.

#### **BACKGROUND**

The Town of Derry continues to participate in HealthTrust's Wellness Coordinator Program. This year, HealthTrust awarded a Coordinator Grant in the amount of \$1,000.00 to be spent on programs that raise awareness of physical activity, social, physical, and mental health of the employees and their families. During the 2020 plan year, the grant was not expended. The funds have been retained and will be utilized for programs for this upcoming year.

# DISCUSSION

The specific use of the \$1,000.00 award is determined by the Wellness Coordinators and is typically used to fund any expenses of the programs and initiatives. The programs provided by the Wellness Coordinators, under the auspices of this grant are available to all employees of the Town of Derry and not just those who are enrolled in the town's insurance program.

#### FISCAL IMPACT

The Town of Derry operating budget will not be impacted by the receipt or expenditure of these funds.

# RECOMMENDED ACTION BY COUNCIL

It is recommended the Derry Town Council approves receipt and expenditure of the 2021 Wellness Grant.

## RECOMMENDED MOTION

Please see Resolution #2021-018