



## STAFF REPORT

AGENDA ITEM #: 23-42  
COUNCIL MTG OF: April 18, 2023  
FROM: Elizabeth Robidoux and Jill Jamro  
OFFERED BY: Planning Department/Public Works  
PREPARED BY: Elizabeth Robidoux, Wellness Coordinator  
SUBJECT: 2023 HealthTrust Wellness Grant

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### INTRODUCTION

The request is to accept the 2023 Wellness Grant offered by HealthTrust and to approve the expenditure of the funds on employee wellness programs, as initiated by the Wellness Coordinators.

### TOWN ADMINISTRATOR COMMENTS

The Council is encouraged to accept this grant opportunity which will assist staff with promoting healthy activities for our staff.

### BACKGROUND

The Town of Derry continues to participate in HealthTrust's Wellness Coordinator Program. This year, HealthTrust awarded a Coordinator Grant in the amount of **\$1,000.00** to be spent on programs that raise awareness of physical activity, social, physical, and mental health of the employees and their families.

### DISCUSSION

The specific use of the \$1,000.00 award is determined by the Wellness Coordinators and is typically used to fund any expenses of the programs and initiatives. The programs provided by the Wellness Coordinators, under the auspices of this grant, are available to all employees of the Town of Derry and not just those who are enrolled in the town's insurance program.

### FISCAL IMPACT

The Town of Derry operating budget will not be impacted by the receipt or expenditure of these funds.

### RECOMMENDED ACTION BY COUNCIL

It is recommended the Derry Town Council approves receipt and expenditure of the 2023 Wellness Grant.

### RECOMMENDED MOTION

Please see Resolution #2023-026



# RESOLUTION

## Number 2023-026

To Apply for and Accept Wellness Grant Funding from Health Trust

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WHEREAS, the Section 9.15 of the Town Charter authorizes the Town Council to apply for, accept and expend funds received from the State; and

WHEREAS, the Town has participated annually in HealthTrust's Wellness Coordinator Program to raise awareness of the physical activity, social, and mental health of Town employees and their families; and

WHEREAS, these grant funds will be used to promote and fund activities designed to maintain and enhance the health of the Town's workforce;

NOW, THEREFORE, BE IT RESOLVED IN COUNCIL that the Town Administrator is hereby authorized to accept and expend \$1,000.00 in Wellness Coordinator Grant funds from HealthTrust.

This Resolution shall take effect immediately upon its passage.

Adopted: April 18, 2023

Attest:

X \_\_\_\_\_

Charles Foote, Council Chair

Date: \_\_\_\_\_

X \_\_\_\_\_

Cristina Guilford, Town Clerk

Date: \_\_\_\_\_